

Knitting for a Cause



Paula Caputo and Abe Dugal.

Allen Insurance and Financial recently delivered dozens of hats and skeins of yarn to the Chemo Caps for Kids program run by the Commonwealth Financial Network.

In addition, hats knitted by local people were delivered last week to the Dempsey Center for Cancer Hope and Healing in Lewiston. Kimberly Edgar of Allen's Camden office is coordinating the program locally.

"We are grateful to Over the Rainbow in Rockland for yarn and hat donations and to Cashmere Goat in Camden for their help with publicity to their customers," said Edgar, noting that a large of Midcoast knitters, all pretty much anonymous, have dedicated serious time and creativity to this cause.

Anyone interested in donating yarn or knitting time to this project can call Kimberly Edgar at 230-5831.

A Founding Member of Maine Employers for Safety & Health Excellence

Edwin Morong, executive director of Maine Employers for Safety & Health Excellence, stopped by our office in Camden Monday, March 9 to present us with a certificate of appreciation in recognition of Allen Insurance and Financial's role as one of the first Maine businesses to support the founding of the organization. [Mike Dufour](#), our executive vice president (at right), accepted the certificate. Online at meshementor.org



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Supporting Waldo CAP

Allen Insurance and Financial is a partner in both business and the community with a number of its clients. Recently, Dan Bookham, business development director at Allen Insurance and Financial delivered a donation to WCAP in support of its mission “to create opportunities for people to improve their quality of life.” Accepting the donation from Bookham is (at right) Arlin Larson, board member and chairman of the development committee at WCAP.



Supporting the Rockland Harbor YMCA

The Penobscot Bay YMCA has received a donation from Allen Insurance and Financial for the Rockland Harbor YMCA, a branch of the Penobscot Bay YMCA.



From left: Dan Bookham, Director of Business Development at Allen Insurance and Financial and a Penobscot Bay YMCA Board Member, Michael Pierce, President of Allen Insurance and Financial, Troy Curtis, Penobscot Bay YMCA Executive Director and Leslie Eaton, Penobscot Bay YMCA Board President.

“We are very pleased to help the Y expand its reach,” said Michael Pierce, President of Allen Insurance and Financial. “We know our employees in Rockland are among the many people in the Rockland area who are happy to have access to the Y’s activities closer to where they live and work.”

The Rockland Harbor YMCA is scheduled to open in November and will have approximately 8,000 square feet of space in what was formerly occupied by Amalfi Restaurant at 12 Water St. Services will include a state-of-the-art fitness center, indoor and outdoor exercise studios and a childcare center to serve families with infants through preschoolers (with space for 38 children). Popular programs such as Group Power, Group Active, Senior Strength, TRX, among others, will be offered.

In addition, more than 25 pieces of fitness equipment

overlooking Rockland Harbor will be available for members to use at their convenience. While a Y membership or day fee will be required to use the facility, that same membership will provide an individual access to both the new Rockland Branch and the existing Rockport facility and all its offerings.

“The Penobscot Bay YMCA is excited about the opportunity to meet the needs of a growing business community that needs both quality child care options and a healthy workforce,” said Troy Curtis, the Y’s executive director. “It is partnerships with companies like Allen Insurance and Financial that are making this exciting expansion possible.”

For more information contact the Y at 235.3375 or online at penbayymca.org.

Investing in Community: P.A.W.S Animal Adoption Center



Pictured here, from left, are Joelle Albury, P.A.W.S. Director of Development, Karen Reed, Allen Insurance and Financial and Amie Hutchison, P.A.W.S. Executive Director.

Allen Insurance and Financial has made a donation in support of the P.A.W.S. Animal Adoption Center's capital campaign for the organization's new home on John Street in Camden.

"Allen Insurance and Financial is a longtime supporter of P.A.W.S.," commented Amie Hutchison, Executive Director of P.A.W.S. "We are grateful for their help with our Capital Campaign."

P.A.W.S. Animal Adoption Center provides a safe, caring environment for homeless and abandoned dogs and cats until they can be placed with loving families. P.A.W.S. serves the towns of Camden, Rockport, Lincolnville, Belfast, Northport, Searsmont, Liberty, Islesboro and Swanville. For more information about P.A.W.S. and its Forever-Home Capital Campaign visit the center at 146 Camden Street in Rockport or www.pawsadoption.org.

Allen Insurance and Financial is an personal and business insurance, employee benefits, and financial services agency with offices in Rockland, Camden, Belfast and Southwest Harbor. In 2014, the company is proudly celebrating 25 years of

employee ownership.

Partnering with Penobscot Bay YMCA on Capital Development Project in Rockland



From left: Bailey Curtis, Bob Fernald, president and publisher, Down East Enterprise; Jim Butler, VP Operations Downeast Enterprise and Y Board member; Leslie Eaton, YMCA Board President; Andy Clement, Business Unit Manager, Fisher Engineering; Tyler Jones, Donations Committee, Fisher Engineering; Karen Reed, Business Insurance Specialist, Allen Insurance and Financial; Mike Dufour, Executive Vice President, Allen Insurance and Financial; Jeanne Rimm, Chief Financial Officer, SteelPro; Bill Leone, Y Board member; Barrett Brown, President, CedarWorks; Troy Curtis, YMCA

Executive Director and Bryce Curtis.

Local businesses and individuals are joining the Penobscot Bay YMCA in its drive to bring programs and services to southern Knox County.

By donating to the Y's \$300,000 financial development campaign for a satellite facility in Rockland, these contributors are generating funds from an anonymous \$100,000 matching opportunity.

Several local business people, mindful of the benefits the new program center will bring to the region have joined with YMCA board members and other volunteers in a Rockland Program Center Task Force to donate funds themselves and encourage others to do the same. Volunteers serving on the task force include Dan Bookham, Jim Butler, Andrew Clement, Jim Nelson, Bill Leone, Pen Bay Y Executive Director Troy Curtis, and Y Board President Leslie Eaton.

Eaton, a local business owner, commented on the importance of volunteer leadership:

"The Penobscot Bay YMCA and this community are fortunate to have individuals who are willing to volunteer their time to ask others to financially support projects, such as the new Rockland Program Center. Without their dedication and support, it would be difficult to move these projects forward."

The planned program center at 12 Water Street will include a fitness center, indoor and outdoor exercise areas and a childcare center. Programs to be offered include day care for infants through preschoolers, after-school programming for school age children, and senior exercise offerings, along with the LIVESTRONG® at the YMCA wellness program for cancer survivors. The center is designed to make Y activities more accessible to Southern Knox County residents.

Clement, who is business unit manager at Fisher Engineering in Rockland, noted the importance of the Y's child care. "The Pen Bay Y childcare program in will provide working families in Rockland an affordable option," said Clement. "Everything from infant care to after-school programming will be available right

in town.”

Allen Insurance and Financial President Michael Pierce, whose company was an early contributor to the campaign, emphasized the Pen Bay Y’s exceptional reputation with health and wellness programs. “The Y’s expansion into Southern Knox County should give many more people access to activities that promote a healthier lifestyle,” said Pierce.

Alvin Chase, co-owner of Eastern Tire, understands the value of community service. “The Pen Bay Y’s expansion into the Rockland area reinforces the organization’s desire to serve everyone in and around Knox County,” said Chase, explaining his company’s early support of this fundraising drive. “Current members of the Y will benefit from the newest location as well, since it will bring some programs and services closer to them.”

Down East Enterprise is another of the businesses to make an early commitment. Said President and CEO Bob Fernald, “The Pen Bay YMCA makes a difference in countless lives, and the Rockland Program Center will only add to that good work. We’re thrilled to be a part of the effort.”

To join the partnership program contact YMCA Executive Director Troy Curtis at 236-3375.

Supporting Waldo CAP’s Heroes 4 Hunger

Waldo Community Action Partners recently received a donation from Allen Insurance and Financial, with the funds going to toward WCAP’s Heroes 4 Hunger program, a program rooted in WCAP’s Thanksgiving and Christmas holiday food box projects.

Those holiday projects are still held annually, with Heroes 4 Hunger expanding the agency’s reach to address food insecurity and obesity in Waldo County year-round using various avenues for

opportunity, such as community education and advocacy.

The Heroes 4 Hunger program is an excellent fit with Allen Insurance and Financial's emphasis on employee wellness and wellness programs for the agency's health insurance clients.

A multi-service agency serving Waldo County since 1965, WCAP is the largest provider of low-cost and free transportation and early childhood education in Waldo County.

Pictured here are, from left, Keith Small, WCAP executive director and Richard Crossman of Allen Insurance and Financial.

Supporting the Penobscot Bay YMCA's Healthy Kids Day



Allen Insurance and Financial and Harvard Pilgrim Health Care are pleased to sponsor the 2013 Healthy Kids Day at the Penobscot Bay YMCA in Rockport.

“Healthy kids and healthy communities are at the heart of this partnership,” said Dan Wyman, employee benefits manager at Allen Insurance and Financial, pictured here with Troy Curtis, Executive Director at the Penobscot Bay YMCA.

YMCA Healthy Kids Day, set for April 27, from 10 a.m. to 2 p.m. at the Penobscot Bay YMCA in Rockport, is a day of free events and active play designed to encourage children and their families to try new and fun activities. YMCA Healthy Kids Day is celebrated nationwide at more than 1,700 YMCAs.

Harvard Pilgrim Health Care is a not-for-profit health plan serving more than one million members in New England. Founded in 1969, the health plan has built its reputation on pragmatic innovation with a goal of lowering costs, improving care and enhancing the overall member experience. Harvard Pilgrim is known for its excellent clinical programs, customer service, health improvement strategies and innovative tools that offer consumers greater transparency and empower them to make better decisions about their health care. Ranked as the top private health plan in America for nine consecutive year by the National Committee for Quality Assurance, Harvard Pilgrim says: “Count Us In” to the members and communities it serves.

Supporting the Rockland Public Library

Allen Insurance and Financial recently made a donation to the Rockland Public Library Endowment Association. Pictured here are Kit Stone, president, RPLEA, and Meesha Luce, personal insurance specialist from Allen Insurance and Financial's Rockland office. RPLEA raises funds for both the current and long-term needs of the library.



Builders Alliance Focuses on Affordable Care Act

✘ [Dan Wyman](#), Insured Benefits Manager at Allen Insurance and Financial, will be the guest speaker at the Maine Contractors & Builders Alliance Lincoln County meeting on Wednesday, March 13. Dan will focus on the Affordable Care Act and what it means for alliance members.

The meeting begins at 5:30 p.m. at Montsweag Road House in Woolwich. Cost is \$25 for members and \$35 for non-members. RSVP with meal choice (chicken, steak or fish) to Lisa at I&S Insulation: isoffice@tidewater.net